

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY**

**SAULT STE. MARIE, ONTARIO**



Sault College

**COURSE OUTLINE**

**COURSE TITLE:** Hair Removal I  
**CODE NO. :** EST137-3 **SEMESTER:** 2  
**PROGRAM:** Esthetician  
**AUTHOR:** Doreen MacFarlane  
**DATE:** Jan. 2008 **PREVIOUS OUTLINE DATED:** Jan.2007

**APPROVED:**

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**CHAIR, COMMUNITY SERVICES**

\_\_\_\_\_  
**DATE**

**TOTAL CREDITS:** 3

**PREREQUISITE (S):** None

**HOURS/WEEK:** 6

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*For additional information, please contact the Chair, Community Services*

*School of Health and Community Services*

*(705) 759-2554, Ext. 2603*

**I. COURSE DESCRIPTION:**

This course will provide students with knowledge of the morphology of hair, the stages of hair growth, diseases, disorders and syndromes. Students will gain skills in client consultations, recognize contraindications and develop practical skills required for safe and effective hair removal with the application of soft wax. Students will be able to wax all areas of the face and body using soft wax and work towards developing speed and accuracy. Safety and sanitation procedures will be practiced.

**II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:**

Upon successful completion of this course, the student will demonstrate the ability to:

1. Show an understanding of the morphology of the hair and its growth stages.

Potential Elements of the Performance:

- a. Describe the structure of the hair.
- b. Describe the different stages of hair growth.
- c. Describe the different types of hair.

2. Describe the most common methods of home hair removal.

Potential Elements of the Performance:

- a. Describe the effects that various hair removal methods have on the skin, hair and regrowth.
- b. Explain the difference between epilation and depilation.
- c. Describe the advantages and disadvantages of each hair removal method.

3. Explain the difference between permanent and semi-permanent hair removal methods.

Potential Elements of the Performance:

- a. Describe how electrolysis works.
- b. Describe how lasers work.
- c. Describe the advantages and disadvantages of each.

4. Describe the different types of wax and their use.

Potential Elements of the Performance:

- a. Determine when and where these waxes should be used.
- b. Describe the different techniques of application and removal of each.
- c. Describe the advantages and disadvantages of each.

5. Prepare a safe and organized wax station.

Potential Elements of the Performance:

- a. Identify and set up waxing equipment and supplies.
- b. Maintain a clean and organized work station.
- c. Provide and maintain a safe and sanitary environment.

6. Identify and describe contraindications of waxing.

Potential Elements of the Performance:

- a. Identify drugs that contraindicate with waxing.
- b. Identify health and skin disorders that contraindicate with waxing.
- c. Describe safety precautions to take before and after waxing procedures.

7. Perform a professional client consultation.

Potential Elements of the Performance:

- a. Conduct self in a professional manner.
- b. Demonstrate effective communication skills.
- c. Analyze the client health form
- d. Identify contraindications
- e. Advise client of safety precautions to take before and after hair removal.
- f. Discuss home care and recommendations.
- g. Maintain client records.

8. Perform hair removal on various parts of the face and body using soft wax.

Potential Elements of the Performance:

- a. Demonstrate proper setup of treatment area.
- b. Demonstrate proper cleansing, positioning and draping techniques.
- c. Display the correct method of applying and removing soft wax.
- d. Provide and maintain an organized, safe and sanitary environment.

9. Describe appropriate preparations and procedures for male waxing.

Potential Elements of the Performance:

- a. Describe the difference in shaping a man's eyebrow compared to a woman's.
- b. Describe the proper position, placement and preparation for chest and back waxing.
- c. Describe the correct method of applying and removing the wax.

10. Show an understanding of hair growth diseases, disorders and syndromes.

Potential Elements of the Performance:

- a. Describe signs and symptoms of each.

**III. TOPICS:**

1. Furniture and Accessories
2. Tools and Supplies
3. Sanitation
4. Room Preparation
5. Waxing Contraindications
6. Client Consultation
7. Client Preparation Procedures
8. Soft Wax Technique
9. Types of Wax
10. Waxing Procedures for the Face and Body
11. Morphology of the Hair
12. Hair Growth Cycle
13. Hair Growth Diseases, Disorders and Syndromes
14. Temporary, Permanent and Semi-permanent Methods of Hair Removal

**IV. REQUIRED RESOURCES/TEXTS/MATERIALS:**

Class Handouts

Sanitized Tweezers, Headband, Hand Towels, 1 Sheet ,Wrap around Gown, Small Scissors, Eyebrow Brush and Eyebrow Pencil

**V. EVALUATION PROCESS/GRADING SYSTEM:**

Hair Removal Evaluation Record	10%
Soft Wax Application	10%
Theory	15%
Mid-Term Exam	20%
Theory	15%
Final Practical Exam	30%

**In Order to Successfully Complete this Course:** An 80% attendance is required in order to receive a passing grade.

**Attendance:** A penalty of 1% per day absent will be deducted from your final grade.

**Missed Tests:** You will not be able to achieve higher than a C grade.

**Hair Removal 1 is a Prerequisite for Hair Removal 2**

**You Must Pass Hair Removal 1 in Order to be Accepted into Hair Removal 2**

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

**Note:** For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

## VI. SPECIAL NOTES:

### Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

### Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Communication:

The College considers Web CT/LMS as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the Learning Management System communication tool.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

**VII. PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

**VIII. DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Chair's secretary. Students will be required to provide a transcript and course outline related to the course in question.